



Cosmetic/Aesthetic Treatments





Premium Korean treatments

GLASS SKIN

An innovative treatment that intensely cleanses, hydrates, and oxygenates the skin, delivering the coveted "Glass Skin" effect. Blue diamond powder, oxygen bubbles, green caviar from pristine ocean waters, snail mucin extract, hyaluronic acid, niacinamide, ceramides, and numerous other active ingredients—all encapsulated in nanocapsules—ensure long-lasting results.

ULTRA LIFT

A potent antioxidant treatment that naturally stimulates and activates collagen and elastin in the deeper layers of the skin. Thanks to its fish collagen content, it accelerates skin renewal, hydrates, and improves elasticity. Nanostructured peptides provide powerful skin-brightening effects by penetrating deeply into the skin. It reduces dilated capillaries and telangiectasias while lifting and firming the skin.



Garden of Senses – A Ritual of Feminine Renewal (1.5 hrs)

Immerse yourself in a ritual of feminine renewal inspired by the philosophy of longevity... Experience the scent, taste, and touch of a secret garden—a place where time slows down and the senses awaken. A rose mist with prickly pear envelops your body in a delicate aroma, ushering you into a state of deep serenity.

- Rose petal body scrub
- White clay and rose mask
- Aromatherapy spa capsule session
- Warm candle massage with shea butter and rose oil
- To finish: rose lemonade and a sweet macaron. An exceptionally nourishing and relaxing ritual that not only cares for the entire body but also delights all the senses. The treatment relies entirely on natural products.

DIGITAL RESET – A 60-minute ritual for those overstimulated by technology.

We begin the ritual with a symbolic gesture of quieting the senses:

- an eye mask,
- relaxing music,
- aromatherapy using sandalwood and cedarwood oils to help disconnect from stress and noise. Next, we perform a massage of the head, neck, shoulders, hands, and feet.

To finish, we serve a shot with turmeric, lemon, and honey, which has anti-inflammatory properties and supports the body's natural detoxification.

Touch of Fire and Ice: A Ritual of Sensory Contrasts (60 min)



AGE SMART intensive rejuvenating and brightening treatment

Based on a system of innovative dermocosmetics, the treatment visibly smooths, illuminates, and nourishes the skin, enhancing tissue firmness.

ULTRACALMING Soothing treatment for skin flare-ups

A treatment that soothes burning and redness—an effective antidote for sensitive skin. It brings relief to skin affected by rosacea or irritation caused by environmental factors, while strengthening the natural protective barrier. The combination of the Ultra Calming™ complex and botanical extracts provides exceptionally effective protection and boosts skin repair processes.

INTENSIVE HYDRATION Moisturizing Treatment

An exclusive, intensely hydrating treatment designed for dehydrated skin. It deeply moisturizes, nourishes, and regenerates the skin while improving the function of its natural protective barrier.



Secret RF

An alternative to laser photorejuvenation for every season. The microneedling fractional RF system is innovative and technologically advanced,

A medical device based on the synergistic combination of precisely controlled bipolar radiofrequency (RF) energy and a minimally invasive microneedling system. Secret is designed for non-surgical facelifts, the reduction of wrinkles and scars, and comprehensive skin densification and firming, achieved by acting on successive layers of the skin. Unlike laser treatments, this is currently virtually the only method suitable for use during the summer months. The effects of the Secret RF treatment can be categorized into those visible immediately and those that develop over time.

DermaOxy Oxygen Infusion – The Secret of the Stars

DermaOXY is a treatment designed to meet the needs of clients who value an immediate skin-brightening and rejuvenating effect. It involves infusing the active ingredients of a specially selected product into the skin using pure oxygen. The treatment is an excellent choice for a "red-carpet" or pre-event boost.



Dermatude – Meta-Therapy

A medical and aesthetic tissue activation treatment involving controlled skin punctures performed with a specialized handpiece. This skin rejuvenation method delivers intensive renewal and regeneration, with anti-aging effects visible after just one session.

**Reliable Duos Series –
we recommend special packages:**

Dermatude + DermaOXY

Combining both treatments amplifies their mutual effects, contributing to faster and superior skin rejuvenation results.

Secret RF + DermaOXY

This innovative combination of the two devices' actions intensifies the final skin-lifting and moisturizing effect.



Diamond microdermabrasion

Using a diamond-tipped head allows for skin cleansing, as well as reducing the depth of wrinkles, lightening discoloration, and enhancing the absorption of skincare products applied after the treatment.

Cavitation peeling

Performed using ultrasound, this treatment painlessly cleanses the skin, leaving the complexion smooth, brightened, and free from irritation. It also accelerates the penetration and activation of skincare products deep within the skin.

Pretty Woman

A combination of chemical peels, oxygen infusion, facial massage, and a mask. A signature, best-selling facial treatment that harnesses the beneficial power of a chemical peel blend enriched with highly active Vitamin C, alongside the power of compressed air (oxygen therapy – Dermaoxy). After the treatment, the skin is radiant and vibrant, deeply oxygenated and hydrated, and puffiness around the eyes is reduced.

...reduced, and wrinkles visibly smoothed. The treatment is suitable for all skin types, including skin prone to broken capillaries.

Available options: face; face + neck; face + neck + neckline



Masaż Aromaterapeutyczny

Jest to połączenie masażu relaksacyjnego z aromaterapią. Masaż ten jest niezwykle skuteczną metodą usuwania objawów stresu, dzięki zastosowaniu leczniczych właściwości naturalnych olejków eterycznych pochodzenia roślinnego.

Czas trwania: 60 minut

Masaż Gorącą Czekoladą

Masaż gorącą czekoladą odpręża, relaksuje oraz wprawi w doskonały nastrój. Czekolada poprawi koloryt skóry oraz otuli ją aksamitnym i zmysłowym zapachem na długi czas.

Czas trwania: 60 minut

Masaż Głowy

Uciskowy masaż wywodzący się z Indii, wykonywany na bazie ciepłego olejku. Głęboki relaks i intensywne odżywianie skóry głowy i cebulek włosów.

Czas trwania: 20 minut



Gorgeous man

Chemical peel + ultrasonic facial cleansing + facial massage + nourishing cream mask. A signature rejuvenating and cleansing treatment. It smooths the skin, improves skin tone, and clears congested pores. The treatment results in clean, radiant skin and stimulates the production of new collagen fibers.

Mandelic acid

A best-selling treatment suitable for all skin types that effectively improves appearance thanks to the power of mandelic acid and polyhydroxy acids.
...for both young, congested skin and mature skin with discoloration and wrinkles. It cleanses the skin, brightens it, and improves its texture.



Massages





Villa Alina Massage

This is a signature massage that combines Hawaiian, Thai, and classical massage techniques. It is a comprehensive treatment covering the entire body, head, and feet. The majority of the massage is performed using the forearms, with movements synchronized to the music; the flow is smooth, simple, and gentle. This treatment effectively relieves muscle tension and persistent psychophysical blockages, inducing a state of soothing calm and harmony.

Duration: 70 minutes

Classic massage

It improves overall health while promoting relaxation. The aim of this massage is to elicit beneficial responses from the skin, muscles, joints, and the circulatory and nervous systems. Due to its therapeutic and localized effects on specific body areas, it is frequently used to treat particular conditions.

Full-body massage – 60 minutes

Partial massage – 30 minutes

Relaxation massage

It is a reliable way to relieve muscle tension. Its beneficial effect on the nervous system makes the massage a therapeutic treatment that improves the patient's overall well-being. Relaxation massage is recommended for individuals exposed to high levels of stress and those whose work requires maintaining a specific body position for extended periods. It helps you unwind and relax.

Duration: 60 minutes



Aromatherapy Massage

This treatment combines a relaxing massage with aromatherapy. It is a highly effective method for relieving the symptoms of stress, utilizing the therapeutic properties of natural, plant-based essential oils.

Duration: 60 minutes

Hot Chocolate Massage

A hot chocolate massage soothes, relaxes, and puts you in a wonderful mood. The chocolate improves skin tone and envelops the body in a velvety, sensual fragrance that lingers for a long time.

Duration: 60 minutes

Head Massage

A pressure-based massage originating in India, performed using warm oil. It offers deep relaxation and intensive nourishment for the scalp and hair follicles. Duration: 20 minutes.



facial massage

Facial massage is a very pleasant and relaxing treatment. It also improves skin firmness and elasticity, adds radiance, and enhances skin tone. Duration: 20 minutes.

Hot Stone Massage

Basalt stones of various sizes are used for the massage. The stone massage technique draws upon Far Eastern philosophy and medicine. The therapeutic properties of the stones improve circulation and provide a revitalizing effect.

Duration: 60 minutes

Chinese Cupping Massage

Anti-cellulite Chinese cupping massage is one of the most effective methods for combating cellulite. The negative pressure created inside the cup draws the skin and underlying tissues upward, thereby improving blood flow and skin firmness. The massage stimulates circulation and helps the body eliminate toxins and metabolic waste products. Duration: 40 minutes.



Honey Massage

A detoxifying and regenerating treatment that improves circulation, hydrates and nourishes the skin, and helps reduce cellulite and stretch marks. Honey is patted onto the skin and then pulled away, a process that draws toxins out of the body through the skin.

Candle Massage

An exceptional relaxation ritual using warm oil from a special massage candle. The pleasant warmth and gentle movements help relieve tension, relax the body, and ensure deep relaxation.

Exfoliating massages

Exceptionally pleasant massages that integrate the use of a natural body scrub and a premium-quality natural oil—selected to suit the specific treatment—into the manual techniques employed.



Hand Spa

We begin the care ritual with a hand soak, followed by an exfoliation treatment and a mask. We particularly recommend this treatment when the skin on the hands is very dry or frequently exposed to harsh chemicals. After the treatment, the skin becomes soft and velvety smooth.

Foot spa

A foot care ritual that begins with a soak that moisturizes the skin and relaxes tired feet. Next, a body scrub is performed, followed by a relaxing massage over a deeply nourishing mask. The treatment provides a soothing effect. tired and aching feet.



Japoński rytuał liftingujący „Kobido”

Kobido massage is often described as a non-surgical facelift. It is a highly intensive manual treatment that targets the deep structures of the skin, strengthening it while facilitating better nourishment. At VA, our unique approach elevates the standard Kobido treatment into a remarkable aromatic and skincare experience from start to finish. We begin with an Asian-style, multi-stage aromatic cleansing ritual. Next, we perform the Japanese Kobido massage—the heart of the treatment—incorporating techniques designed to relieve facial tension, promote relaxation, provide lymphatic drainage and a lifting effect, and utilize acupressure. To conclude the ritual, the therapist applies a cream tailored to the skin's specific needs. *Upon request, we can also apply a soothing mask to calm any redness resulting from the massage.

Massage ritual: 55 min – 230 PLN
Massage ritual with mask: 70 min – 260 PLN



Body treatments





NEOQI MEDIQ® Capsule

Capsule treatments are used for deep cleansing, firming, and smoothing the skin. The treatment begins with the selection of an appropriate product. This is followed by an exfoliation step and the application of a specially selected mask to specific areas of the body.

- Wine Cascade

While you savor a glass of wine, we will make the experience even more special. The Wine Cascade is a treatment that uses...
...excellent natural grape-based cosmetics. A smooth, moisturized body means relaxation and a sense of vinous perfection.

- Whisky and tobacco

Do you like whisky? Then we recommend a treatment designed specifically for men! First of all, it doesn't hurt, and secondly, it works! Within an hour, you'll feel...
...feeling relaxed, hydrated, and remarkably revitalized. Enveloped in the scent of whisky and tobacco.

Baths in the NEOQI MEDIQ® capsule:

- Beer bath
- Aromatic brine bath